

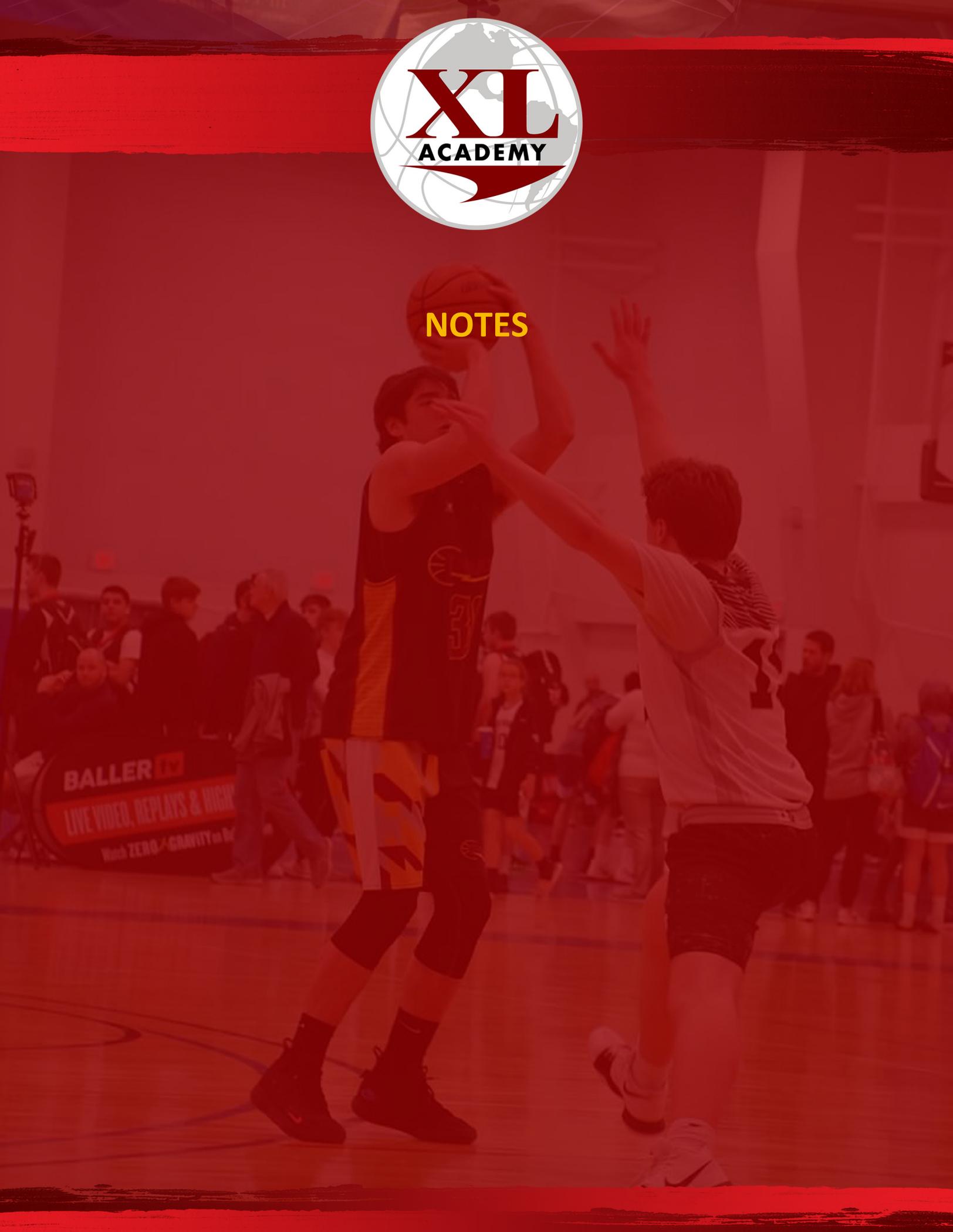


XL Academy
Your Academic and Athletic Training Solution





NOTES





XL Academy began operations in September of 2020 in Saco, Maine. The school utilizes EdOptions Academy by Edmentum, the Nation's leader in Online Educational instruction and NCAA approved, for the delivery of top-level teaching. The athletic instruction not only focuses on sport specific training in basketball or soccer but also includes mobility, balance, strength, quickness and agility development of all students to develop a well-rounded athlete. Our state-of-the-art facility includes a classroom, 3 indoor basketball courts, 2 indoor fields and a full fitness center.

Who is XL Academy for?

XL Academy is for student athletes, Grade 7-12, who want to maximize their time and abilities in both academics and basketball and now soccer. The Academy is for serious like-minded basketball and soccer players who do not want to waste their opportunity to excel in the classroom and on the courts.



“Our son’s experience at XL Academy has exceeded all our expectations. He has benefited from being in the classroom 5 days a week and is excelling in the classroom. With the basketball training, he’s found a new passion for the game and he has a work ethic now that we’ve never seen. It says a lot of the trainers dedication and what they are doing with these kids at XL Academy when parents come up to me and tell me “wow, your son has really improved since I saw him last.” We are looking forward to many years of sending him to the Academy!!”



How does it work?

Students who enroll in XL Academy will first meet with our professional staff to outline a personalized educational and basketball or soccer development plan. Students will be led through the process of applying to the State of Maine as a Home School student, by Lenny Holmes, XL Academy's Headmaster. By utilizing the Home School process, it will allow students of the Academy to still participate on their local school teams. EdOptions staff is there to support students every step of the way. The teachers are available via phone, text and video conference. EdOptions teachers are committed to building relationships with students and identifying their unique learning styles.



“The online program is great because it’s self paced, easy to navigate and there are a lot of resources and live help that is available. Having the ability to work with classmates makes it fun and adds to needed interactions.”

Sydney Gellhar, XL Academy Student, 90+ average



What type of Basketball and Sports Training should I expect?

XL Academy delivers top level basketball instruction developed by Abi Davids, Director of the XL Thunder Basketball program. and top level soccer instruction from Jamie Kelly, XL Sports Soccer Director. The instruction, just like the education, is personally designed for each athlete to maximize players potential. The students will also work with a sports conditioning trainer off the court to help them become more flexible, stronger and well-balanced athletes. Simply put, anyone who is serious about wanting to play basketball or soccer at the collegiate level, would be making a mistake by not considering XL Academy as viable option.

"Training with our conditioning coach has helped my stability and has enhanced my ability to stay healthy and on the court. I have noticed a real change in my strength and level of play."

Mikenzie Davis, XL Academy student



"The basketball training has brought up everyone's level of play. Coach Abi comes in with new fun and competitive drills everyday for us. It's the part of the day that I look forward to most."

Addie Sulikowski, XL Academy student

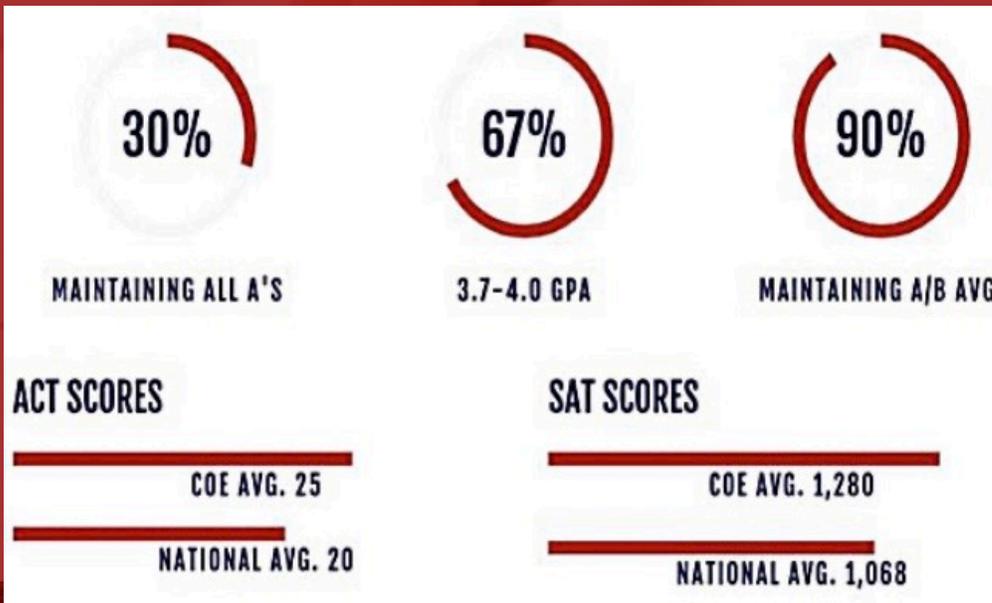


Why XL Academy?

EdOptions trained staff has been delivering top level instruction to students for years. Each class has a certified teacher assigned to work with students as they go through their schedules and coursework is individualized to meet the goals and needs of every student. XL Academy combines the best online education program in the country with top level daily sport and athletic training to provide the first Sports Academy in Southern Maine.

XL Academy is all about maximizing your potential as an athlete. Having the ability to receive daily top level training and athletic development (strength, conditioning, flexibility and nutrition) will allow athletes to develop their skills and athleticism to the maximum of their talents and abilities. If you are serious about wanting to play your sport at the next level, XL Academy will absolutely provide you with the best opportunity to do so. As a registered home school student, you will still have the opportunity to play with your local Middle and High School teams!

Total Package Hockey Centers of Excellence has been providing similar opportunities for players since 2001. They have sent Scholar Athletes to such schools as Yale, Harvard, Boston College and more. Check out their results!



US News released its list of the Top 100 colleges and universities in the United States for academic performance. TPH has student-athletes currently attending or committed to these 18 universities, all of which are in US News' top 100.





Name: Lenny Holmes

Title: Headmaster

Lenny has his Master's Degree in Educational Leadership and has been working in Maine school's since 1988. He is currently the Director of Alternative Education at MSAD #6 and is the President of Maine Alternative Education Association. He has also been involved in basketball in Maine in many different capacities.

His passion is to develop educational plans to help Maine students succeed at their highest potential. Lenny will work with all students to ensure they meet all requirements both through the state level and the NCAA. Mr. Holmes promise is that NO STUDENT who attends XL Academy will be put at an academic disadvantage. In fact, they will have many advantages not afforded to public school students.

"If this program would have been available when my daughter Mackenzie was playing in High School, I can't imagine how more well prepared she would have been and who knows what level she might have attained. I can truly say this is an opportunity any serious athlete should consider strongly!"

Name: Amanda Duquette

Title: Classroom Director

Amanda has been an active member of the alternative education and homeschooling community in Maine since the early 2000's. Amanda also successfully homeschooled her own two children and takes pride in assisting other students on their educational journey. Amanda is also the Creatress of the non-profit organization "Music and Magic," enriching lives with the magic of music since 2009 as well as a certified yoga instructor. As XL Academy's classroom director, she hopes to continue to inspire students to achieve mental wellness, nurture students' independence, and provide support to students' educational success.



Name: Coach Abi Davids

Title: Director of Basketball Training

Coach Abi is considered one of Maine's top basketball trainers. Coach Dick Whitmore, formerly of Colby College and member of the New England and Maine Basketball Hall of Fame had this high praise to share about Coach Abi:

"Through five decades of working in basketball, I have had the opportunity to see thousands of teachers of the game. Abi Davids is one of the top two teachers I have seen in action. Knowledgeable, well organized, enthusiastic and patient, Abi teaches to players of all levels and creates reality within his instruction model. Having had three granddaughters develop splendidly under his tutelage, there is no doubt in my mind that Abi is a once in generation instructor and I recommend him without reservation."

Coach Abi's Resume Includes:

- Director of XL Thunder Basketball
- Colleges: New England College
College of St Rose
- Played 3 years of pro/semi pro basketball in England
- Head Coach at University College London (National Champions)
- Head Basketball Coach of Brentwood Fire (English National Champions)
- Head Coach of Chelmsford Lions (English finalists)
- Director of Basketball at ReddenCourt School (English county champions 3 consecutive years)
- Creator & Director of Thunder Basketball at XL Sports World

Coach Abi's Mission Statement: *"As a coach, I try to break the game of basketball down to its smallest, intangible parts and pay close attention to the details. I care more about the players' growth than their worth. It is very important to me that each player in the Academy feels supported, valued and has access to the tools that they need to maximize their full physical and mental capabilities as an athlete, and more important, better people!" #FAMONTHREE*



Name: Coach Jamie Kelly
Title: Director of Soccer

Jamie comes to us with vast experience. He has coached for 7 years running competitive and recreational programs. Jamie worked for Global Premier Soccer in Orlando coaching competitive teams and ran recreational programs in and around Orlando. After his time in Orlando, he joined XL and went straight to Pennsylvania to run the youth soccer there and has been in Maine now running all the youth and adult programming. Jamie's expertise and knowledge of soccer has shown over the past few years seeing the Youth Development program grow over 3 times in size, he will also be the lead in running Maine's newest youth soccer club, FC America.

Jamie, originally from Helmsdale Scotland came to the States after gaining a soccer scholarship to play at Missouri Valley College in Marshall, MO. He has played soccer his whole life and now coaches the game at a very high level for all age groups and levels.

He is very passionate about the game and is a very enthusiastic coach who will make sure every child on the field is having fun, but also learning the correct technique and skills to be able to play soccer to the best of their ability. Jamie is ready to pass down his knowledge to the best and most elite players here in Maine.





THE FACILITY





REQUEST A TOUR

The best way to make a decision about XL Academy is to schedule a tour and see what it is all about in person. You can see the facility and meet with our staff who can talk you through the program and answer any questions you may have. To schedule a tour, simply email Lenny Holmes, Headmaster, at lenny@xlsportsworld.com or call (207) 749-9492

Application is available for download on the website at www.xlacademymaine.com

Financial Aid applications are available upon request

